



PSHE and RSE Curriculum

We follow a PSHE Curriculum using a range of schemes (SCARF, 1Decision and Jigsaw). Through each school's chosen programme the children also cover RSE (Relationships and Sex Education).

All our school's aim to develop the key skills and attributes that children need to thrive throughout their lives and support children to make the right choices.

Each school can plan and deliver each unit in their own way using resources of their choice. Beyond the content outlined below, each school has the flexibility to plan and deliver their own units of work. We use links with the local community such as the PCSO team to further enhance the curriculum.

Key Stage One

Children across our primary schools follow a progressive approach, learning about relationships, differences, keeping safe and healthy and growing and changing.

For example, as part of developing the children's understanding of keeping and staying safe (including online), in KS1 they will learn about road safety and the importance of sleep.

Children are encouraged to talk openly, listen respectfully, and celebrate differences.

Key Stage Two

Children across our primary schools follow a progressive approach, learning about relationships, differences, keeping safe and healthy and growing and changing. Children will learn the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.

For example, as part of developing the children's understanding of keeping and staying safe (including online), in KS2 they will learn about making healthy choices related to how substances can affect the body.

Children are encouraged to talk openly, listen respectfully, and explore the values of individual liberty, democracy, trust and law.

September 2023